




ST. PETER SCHOOL

HEALTHY HABITS MENU

SEPTEMBER 2018

GRADES K-2 \$3.70, GRADES 3-5 \$3.95, GRADES 6-8 \$4.20

Milk Prices: to be determined -1% White, Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>LABOR DAY</p> <p>NO SCHOOL</p>  <p style="text-align: center;">Labor Day</p>	<p>HOT LUNCH</p> <p>Toasted Beef Ravioli with Marinara Sauce Breadstick Garden Salad Fresh Fruit Cup Milk, 1%</p> <p>GRAB-N-GO</p> <p>Turkey Wrap Sun Chips Veggie Sticks with Dip Fresh Fruit Salad Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY BLT Salad</p>	<p>HOT LUNCH</p> <p>CHICK-FIL-A DAY Chick-Fil-A Slider Waffle Fries Green Beans Fresh Fruit Cup Milk, 1%</p> <p>NO GRAB-N-GO</p>  <p style="text-align: center;">SALAD OF THE DAY Santa Fe Salad</p>	<p>HOT LUNCH</p> <p>Cheeseburger French Fries Mixed Vegetables Fresh Fruit/ Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Chicken Salad on WG Bread Carrots with Ranch Applesauce Teddy Grahams Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chef Salad</p>	<p>HOT LUNCH</p> <p>Chicken Quesadilla Spanish Rice Corn Pineapple Chunks Milk, 1%</p> <p>GRAB-N-GO</p> <p>Roast Beef on French Bread Cheddar Goldfish Fresh Broccoli with Dip Grapes Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY St. Louis Hill Salad</p>
10	11	12	13	14
<p>HOT LUNCH</p> <p>Turkey, Bacon, Cheese Panini Lattice Chips Carrots with Ranch Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Cheeseburger on Bun Sun Chips Veggie Sticks with Dip 100 Calorie Snack Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chicken Caesar Salad</p>	<p>HOT LUNCH</p> <p>Spaghetti with Meatballs Breadstick Garden Salad with Lite Ranch Dressing Mandarin Oranges Milk, 1%</p> <p>GRAB-N-GO</p> <p>BLT and Turkey Wrap Cheddar Cheese Goldfish Greek Yogurt Fresh Fruit Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY BLT Salad</p>	<p>HOT LUNCH</p> <p>Homemade Pancakes with Pure Maple Syrup Scrambled Eggs Bacon Strips Fresh Melon Milk, 1%</p> <p>GRAB-N-GO</p> <p>String Cheese & Pretzels Fresh Veggies & Dip Greek Yogurt Grapes Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Santa Fe Salad</p>	<p>HOT LUNCH</p> <p>Beef & Cheese Crunchy Taco with Salsa and Sour Cream Shredded Lettuce Tomato Fiesta Corn Fruit Salad Milk, 1%</p> <p>GRAB-N-GO</p> <p>Hot Ham & Cheese on Bagel Carrots with Dip Apple 100 Calorie Oreo Pack Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chef Salad</p>	<p>HOT LUNCH</p> <p>Hand Breaded Chicken Strips Buttered Noodles Green Beans Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Bagel & Cream Cheese Carrot Sticks Greek Yogurt Fresh Apple Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY St. Louis Hill Salad</p>
17	18	19	20	21
<p>HOT LUNCH</p> <p>Baked Mostaccioli Garlic Breadstick Fresh Tossed Salad with Lite Ranch Dressing Grapes Milk, 1%</p> <p>GRAB-N-GO</p> <p>Turkey Wrap Sun Chips Veggie Sticks with Dip Fresh Fruit Salad Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chicken Caesar Salad</p>	<p>HOT LUNCH</p> <p>Ultimate Grilled Cheese Sweet Potato Fries Steamed Green Beans Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Cheeseburger on Bun Sun Chips Veggie Sticks with Dip 100 Calorie Snack Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY BLT Salad</p>	<p>HOT LUNCH</p> <p>PAPA JOHNS PIZZA PLATE LUNCH Slice of Pizza Baby Carrots with Ranch Fresh Fruit/Seasonal Cheese, Sausage or Pepperoni By The Slice \$2.00 Milk, 1%</p> <p>NO GRAB-N-GO</p>  <p style="text-align: center;">SALAD OF THE DAY Santa Fe Salad</p>	<p>HOT LUNCH</p> <p>Chicken Drumstick Buttered Noodles Green Beans Cinnamon Streusel Coffee Cake Milk, 1%</p> <p>GRAB-N-GO</p> <p>Roast Beef on French Bread Baked Chips Fresh Broccoli with Dip Orange Wedges Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chef Salad</p>	<p>HOT LUNCH</p> <p>Macaroni & Cheese Green Beans Whole Grain Dinner Roll Grapes Milk, 1%</p> <p>GRAB-N-GO</p> <p>Hamburger on Bun Tiny Pretzel Twist Fruit Snacks Banana Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY St. Louis Hill Salad</p>
24	25	26	27	28
<p>HOT LUNCH</p> <p>Cheeseburger French Fries Mixed Vegetables Fresh Fruit/ Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>BLT and Turkey Wrap Cheddar Cheese Goldfish Greek Yogurt Fresh Fruit Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chicken Caesar Salad</p>	<p>HOT LUNCH</p> <p>Rainbow Tortellini with Alfredo Sauce Tossed Salad Breadstick Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Hamburger on Bun Tiny Pretzel Twist Fruit Snacks Banana Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY BLT Salad</p>	<p>HOT LUNCH</p> <p>Scrambled Eggs Bacon Hash Brown Biscuit Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>String Cheese & Pretzels Fresh Veggies & Dip Greek Yogurt Grapes Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Santa Fe Salad</p>	<p>HOT LUNCH</p> <p>Toasted Ravioli with Bowtie Pasta Garden Salad Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Hot Ham & Cheese on Bagel Carrots with Dip Apple 100 Calorie Oreo Pack Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chef Salad</p>	<p>HOT LUNCH</p> <p>Grilled Chicken Sandwich Sweet Potato Fries Peas & Carrots Fresh Fruit/ Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Bagel & Cream Cheese Carrot Sticks Greek Yogurt Fresh Apple Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY St. Louis Hill Salad</p>

NEW THIS YEAR
FRESH FRUIT AND VEGETABLE BAR
40 cents per ounce

Baby Carrots
Celery Sticks
Broccoli Florets
Red Pepper Strips

Sliced Cucumbers
Strawberries
Cantaloupe
Grapes
Pineapple

Hummus
Pita Chips
Orange Wedges
Apple Slices
Ranch Dressing

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