



ST. PETER SCHOOL

HEALTHY HABITS MENU

NOVEMBER 2017

GRADES K-2 \$3.70, GRADES 3-5 \$3.95, GRADES 6-8 \$4.20

Milk Prices: to be determined -1% White, Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		<p>HOT LUNCH Breakfast Burrito Sausage, Egg & Cheese Seasoned Potato Bites Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO Ham & Cheese on Whole Grain Pretzels Fresh Veggies & Dip Fresh Fruit Salad Milk, 1%</p>	<p>NO LUNCH</p> <p>NOON DISMISSAL</p>	<p>NO SCHOOL</p>
6	7	8	9	10
<p>HOT LUNCH Beef & Cheese Crunchy Taco with Salsa and Sour Cream Shredded Lettuce Tomato Fiesta Corn Fruit Salad Milk, 1%</p> <p>GRAB-N-GO Turkey Wrap Sun Chips Veggie Sticks with Dip Fresh Fruit Salad Milk, 1%</p>	<p>HOT LUNCH Toasted Beef Ravioli with Marinara Sauce Breadstick Garden Salad Frozen Fruit Cup Milk, 1%</p> <p>GRAB-N-GO Chicken Caesar Wrap Veggie Sticks with Dip Orange Wedges 100 Calorie Chips Ahoy Milk, 1%</p>	<p>HOT LUNCH PAPA JOHNS PIZZA</p> <p>Cheese, Sausage or Pepperoni By The Slice \$1.95 Milk, 1%</p> <p>NO GRAB-N-GO</p> 	<p>HOT LUNCH Nachos with Beef & Cheese Shredded Lettuce & Tomatoes Frozen Fruit Cup Milk, 1%</p> <p>GRAB-N-GO BLT Club Sandwich Tiny Pretzel Twist Mandarin Oranges 100 Calorie Snack Milk, 1%</p>	<p>HOT LUNCH CHICK-FIL-A DAY Chick-Fil-A Slider Waffle Fries Green Beans Fresh Fruit Cup Milk, 1%</p> <p>NO GRAB-N-GO</p> 
13	14	15	16	17
<p>HOT LUNCH Macaroni & Cheese Green Beans Whole Grain Dinner Roll Grapes Milk, 1%</p> <p>GRAB-N-GO Roast Beef on French Bread Cheddar Goldfish Fresh Broccoli with Dip Grapes Milk, 1%</p>	<p>HOT LUNCH Bosco Breadstick with Marinara Sauce Fresh Tossed Salad with Lite Ranch Dressing Green Beans Applesauce Milk, 1%</p> <p>GRAB-N-GO Cheeseburger on Bun Sun Chips Veggie Sticks with Dip 100 Calorie Snack Milk, 1%</p>	<p>HOT LUNCH French Toast with Maple Syrup Sausage Links Scrambled Eggs Orange Wedges Milk, 1%</p> <p>GRAB-N-GO BLT and Turkey Wrap Cheddar Cheese Goldfish Greek Yogurt Fresh Fruit Milk, 1%</p>	<p>HOT LUNCH Hamburger Tator Tots Green Beans Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO String Cheese & Pretzels Fresh Veggies & Dip Greek Yogurt Grapes Milk, 1%</p>	<p>HOT LUNCH Sweet & Sour Chicken Vegetable Fried Rice Crab Rangoon Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO Sub Sandwich on Deli Bun Cheddar Goldfish Baby Carrots with Dip Mandarin Oranges Milk, 1%</p>
20	21	22	23	24
<p>HOT LUNCH Spaghetti with Meatballs Breadstick Garden Salad with Lite Ranch Dressing Mandarin Oranges Milk, 1%</p> <p>GRAB-N-GO Breaded Chicken Breast Baked Chips Carrot Sticks with Dip Orange Wedges Milk, 1%</p>	<p>HOT LUNCH Hand Breaded Chicken Strips Potato Wedges Glazed Carrots Fresh Apple Milk, 1%</p> <p>GRAB-N-GO Turkey on Whole Grain White Baked Chips Baby Carrots with Ranch Banana Milk, 1%</p>	<p>NO SCHOOL</p>	<p>NO SCHOOL</p>	<p>NO SCHOOL</p>
				
27	28	29	30	
<p>HOT LUNCH Cheeseburger French Fries Mixed Vegetables Fresh Fruit/ Seasonal Milk, 1%</p> <p>GRAB-N-GO Bagel & Cream Cheese Carrot Sticks Greek Yogurt Fresh Apple Milk, 1%</p>	<p>HOT LUNCH French Dip-Roast Beef on French Bread Buttered Pasta Glazed Carrots Pineapple Chunks Milk, 1%</p> <p>GRAB-N-GO Chicken Snack Wrap Carrots with Dip Apple 100 Calorie Oreo Pak Milk, 1%</p>	<p>HOT LUNCH PAPA JOHNS PIZZA</p> <p>Cheese, Sausage or Pepperoni By The Slice \$1.95 Milk, 1%</p> <p>NO GRAB-N-GO</p> 	<p>HOT LUNCH Grilled Cheese Chicken Noodle Soup Fresh Veggie Medley with Ranch Grapes Milk, 1%</p> <p>GRAB-N-GO Hamburger on Bun Tiny Pretzel Twist Fruit Snacks Banana Milk, 1%</p>	



Food Service Consultants, Inc.
"Serving You With Pride"

