

# ST. PETER SCHOOL

## HEALTHY HABITS MENU

JANUARY 2018

GRADES K-2 \$3.70, GRADES 3-5 \$3.95, GRADES 6-8 \$4.20

Milk Prices: to be determined -1% White, Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<p>NO SCHOOL</p> 	<p>NO SCHOOL</p>	<p><b>HOT LUNCH</b> PAPA JOHNS PIZZA Cheese, Sausage or Pepperoni By The Slice \$1.95 Milk, 1% <b>NO GRAB-N-GO</b></p> 	<p><b>HOT LUNCH</b> Macaroni &amp; Cheese Green Beans Whole Grain Dinner Roll Fruit Cup Milk, 1% <b>GRAB-N-GO</b> BLT and Turkey Wrap Cheddar Cheese Goldfish Greek Yogurt Fresh Fruit Milk, 1%</p>	<p><b>HOT LUNCH</b> Hamburger Tator Tots Green Beans Fresh Fruit/Seasonal Milk, 1% <b>GRAB-N-GO</b> String Cheese &amp; Pretzels Fresh Veggies &amp; Dip Greek Yogurt Grapes Milk, 1%</p>
8	9	10	11	12
<p><b>HOT LUNCH</b> Toasted Beef Ravioli with Marinara Sauce Breadstick Garden Salad Frozen Fruit Cup Milk, 1% <b>GRAB-N-GO</b> Sub Sandwich on Deli Bun Cheddar Goldfish Baby Carrots with Dip Mandarin Oranges Milk, 1%</p>	<p><b>HOT LUNCH</b> Bosco Breadstick with Marinara Sauce Fresh Tossed Salad with Lite Ranch Dressing Green Beans Applesauce Milk, 1% <b>GRAB-N-GO</b> Cheeseburger on Bun Sun Chips Veggie Sticks with Dip 100 Calorie Snack Milk, 1%</p>	<p><b>HOT LUNCH</b> Egg, Sausage &amp; Cheese on English Muffin Hash Brown Fresh Fruit/ Seasonal Milk, 1% <b>GRAB-N-GO</b> Turkey Wrap Sun Chips Veggie Sticks with Dip Fresh Fruit Salad Milk, 1%</p>	<p><b>HOT LUNCH</b> Beef &amp; Cheese Crunchy Taco with Salsa and Sour Cream Shredded Lettuce Tomato Fiesta Corn Fruit Salad Milk, 1% <b>GRAB-N-GO</b> Chicken Snack Wrap Carrots with Dip Apple 100 Calorie Oreo Pak Milk, 1%</p>	<p><b>HOT LUNCH</b> <b>CHICK-FIL-A DAY</b> Chick-Fil-A Slider Waffle Fries Green Beans Fresh Fruit Cup Milk, 1% <b>NO GRAB-N-GO</b></p> 
15	16	17	18	19
<p>NO SCHOOL</p> 	<p><b>HOT LUNCH</b> Baked Mostaccioli Garlic Breadstick Fresh Tossed Salad with Lite Ranch Dressing Grapes Milk, 1% <b>GRAB-N-GO</b> Chicken Caesar Wrap Veggie Sticks with Dip Orange Wedges 100 Calorie Chips Ahoy Milk, 1%</p>	<p><b>HOT LUNCH</b> PAPA JOHNS PIZZA Cheese, Sausage or Pepperoni By The Slice \$1.95 Milk, 1% <b>NO GRAB-N-GO</b></p> 	<p><b>HOT LUNCH</b> Chicken &amp; Cheese Soft Taco Salad Spanish Rice Frozen Fruit Cup Milk, 1% <b>GRAB-N-GO</b> Roast Beef on WG White Cheddar Goldfish Carrots Grapes Milk, 1%</p>	<p><b>HOT LUNCH</b> Grilled Cheese Tomato Soup Mixed Veggies Grapes Milk, 1% <b>GRAB-N-GO</b> Ham &amp; Cheese on Whole Grain White Fresh Veggies &amp; Dip Fresh Fruit Salad Milk, 1%</p>
22	23	24	25	26
<p><b>HOT LUNCH</b> Orange Chicken Steamed White Rice Sugar Snap Peas Pineapple Chunks Milk, 1% <b>GRAB-N-GO</b> Hamburger on Bun Tiny Pretzel Twist Fruit Snacks Banana Milk, 1%</p>	<p><b>HOT LUNCH</b> Nachos with Beef &amp; Cheese Shredded Lettuce &amp; Tomatoes Frozen Fruit Cup Milk, 1% <b>GRAB-N-GO</b> Turkey on Whole Grain White Bread Baked Chips Baby Carrots with Ranch Banana Milk, 1%</p>	<p><b>HOT LUNCH</b> French Toast with Maple Syrup Sausage Links Scrambled Eggs Orange Wedges Milk, 1% <b>GRAB-N-GO</b> Chicken Snack Wrap Carrots with Dip Apple 100 Calorie Oreo Pak Milk, 1%</p>	<p><b>HOT LUNCH</b> Baked BBQ Chicken Breast Buttered Noodles Green Beans Cinnamon Streusel Coffee Cake Milk, 1% <b>GRAB-N-GO</b> BLT Club Sandwich Tiny Pretzel Twist Mandarin Oranges 100 Calorie Snack Milk, 1%</p>	<p><b>HOT LUNCH</b> Cheeseburger French Fries Mixed Vegetables Fresh Fruit/ Seasonal Milk, 1% <b>GRAB-N-GO</b> Bagel &amp; Cream Cheese Carrot Sticks Greek Yogurt Fresh Apple Milk, 1%</p>
29	30	31		
<p><b>HOT LUNCH</b> Hand Battered Chicken Strips Potato Wedges Glazed Carrots Fresh Apple Milk, 1% <b>GRAB-N-GO</b> Turkey Wrap Sun Chips Veggie Sticks with Dip Fresh Fruit Salad Milk, 1%</p>	<p><b>HOT LUNCH</b> Spaghetti with Meat Sauce Breadstick Garden Salad with Lite Ranch Dressing Mandarin Oranges Milk, 1% <b>GRAB-N-GO</b> Ham &amp; Cheese on Whole Grain White Pretzels Fresh Veggies &amp; Dip Fresh Fruit Salad Milk, 1%</p>	<p><b>HOT LUNCH</b> PAPA JOHNS PIZZA Cheese, Sausage or Pepperoni By The Slice \$1.95 Milk, 1% <b>NO GRAB-N-GO</b></p> 		

Food Service Consultants, Inc.

"Serving You With Pride"

