






# ST. PETER SCHOOL

## HEALTHY HABITS MENU

FEBRUARY 2018

*GRADES K-2 \$3.70, GRADES 3-5 \$3.95, GRADES 6-8 \$4.20*

*Milk Prices: to be determined -1% White, Chocolate*

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday  |
|---|---|--|--|---|
| <div style="border: 2px solid pink; padding: 10px; display: inline-block;">  </div>  |   |  |  |   |
| 5   | 6   | 7  | 8  | 9   |
| <p><b>HOT LUNCH</b></p> <p>Beef &amp; Cheese Crunchy Taco with Salsa and Sour Cream<br/>Shredded Lettuce<br/>Tomato<br/>Fiesta Corn<br/>Fruit Salad<br/>Milk, 1%</p> <p><b>GRAB-N-GO</b></p> <p>Ham &amp; Cheese on Whole Grain White Bread<br/>Pretzels<br/>Fresh Veggies &amp; Dip<br/>Fresh Fruit Salad<br/>Milk, 1%</p> | <p><b>HOT LUNCH</b></p> <p>Sweet &amp; Sour Chicken<br/>Vegetable Fried Rice<br/>Crab Rangoon<br/>Fresh Fruit/Seasonal Milk, 1%</p> <p><b>GRAB-N-GO</b></p> <p>Bagel &amp; Cream Cheese<br/>Carrot Sticks<br/>Greek Yogurt<br/>Fresh Apple<br/>Milk, 1%</p>               | <p><b>HOT LUNCH</b></p> <p>Scrambled Eggs<br/>Sausage Link<br/>Hash Brown<br/>Biscuit<br/>Fresh Fruit/Seasonal Milk, 1%</p> <p><b>GRAB-N-GO</b></p> <p>Sub Sandwich on Deli Bun<br/>Cheddar Goldfish<br/>Baby Carrots with Dip<br/>Mandarin Oranges<br/>Milk, 1%</p> | <p><b>HOT LUNCH</b></p> <p>Cheeseburger<br/>French Fries<br/>Mixed Vegetables<br/>Fresh Fruit/ Seasonal Milk, 1%</p> <p><b>GRAB-N-GO</b></p> <p>Chicken Caesar Wrap<br/>Veggie Sticks with Dip<br/>Orange Wedges<br/>100 Calorie Chips Ahoy<br/>Milk, 1%</p>     | <p style="text-align: center;">BRING A FRIEND DAY</p> <p style="text-align: center;">SELECT A LA CARTE ITEMS AVAILABLE</p> <p style="text-align: center;">NO LUNCH</p> <p style="text-align: center;">NOON DISMISSAL</p> <p style="text-align: center;">STUDENT-STAFF VOLLEYBALL GAME</p> |
| 12  | 13  | 14   | 15   | 16  |
| <p><b>HOT LUNCH</b></p> <p>Bosco Breadstick with Marinara Sauce<br/>Fresh Tossed Salad with Lite Ranch Dressing<br/>Green Beans<br/>Applesauce<br/>Milk, 1%</p> <p><b>GRAB-N-GO</b></p> <p>BLT Club Sandwich<br/>Tiny Pretzel Twist<br/>Mandarin Oranges<br/>100 Calorie Snack<br/>Milk, 1%</p>                             | <p><b>HOT LUNCH</b></p> <p>Nachos with Beef &amp; Cheese<br/>Shredded Lettuce &amp; Tomatoes<br/>Fiesta Corn<br/>Frozen Fruit Cup<br/>Milk, 1%</p> <p><b>GRAB-N-GO</b></p> <p>Turkey Wrap<br/>Sun Chips<br/>Veggie Sticks with Dip<br/>Fresh Fruit Salad<br/>Milk, 1%</p> | <p><b>HOT LUNCH</b></p> <p>PAPA JOHNS PIZZA<br/>Meatless<br/>By The Slice<br/>\$1.95<br/>Milk, 1%</p> <p style="text-align: center;"><b>NO GRAB-N-GO</b></p>                      | <p><b>HOT LUNCH</b></p> <p>Hand Breaded Chicken Strips<br/>Potato Wedges<br/>Glazed Carrots<br/>Fresh Apple<br/>Milk, 1%</p> <p><b>GRAB-N-GO</b></p> <p>Roast Beef on French Bread<br/>Cheddar Goldfish<br/>Carrots with Dip<br/>Grapes<br/>Milk, 1%</p>         | <p style="text-align: center;">NO LUNCH</p> <p style="text-align: center;">NOON DISMISSAL</p> <p style="text-align: center;">PARENT-TEACHER CONFERENCE</p>  |
| 19  | 20  | 21   | 22   | 23  |
| <p style="text-align: center;">NO SCHOOL</p>   | <p><b>HOT LUNCH</b></p> <p>Chicken Quesadilla<br/>Spanish Rice<br/>Fiesta Corn<br/>Pineapple Chunks<br/>Milk, 1%</p> <p><b>GRAB-N-GO</b></p> <p>BLT and Turkey Wrap<br/>Cheddar Cheese Goldfish<br/>Greek Yogurt<br/>Fresh Fruit<br/>Milk, 1%</p>                         | <p><b>HOT LUNCH</b></p> <p>Homemade Pancakes with Maple Syrup<br/>Scrambled Eggs<br/>Bacon Strips<br/>Fresh Melon<br/>Milk, 1%</p> <p><b>GRAB-N-GO</b></p> <p>Cheeseburger on Bun<br/>Sun Chips<br/>Veggie Sticks with Dip<br/>100 Calorie Snack<br/>Milk, 1%</p>    | <p><b>HOT LUNCH</b></p> <p>Toasted Beef Ravioli with Marinara Sauce<br/>Breadstick<br/>Garden Salad<br/>Frozen Fruit Cup<br/>Milk, 1%</p> <p><b>GRAB-N-GO</b></p> <p>Chicken Snack Wrap<br/>Carrots with Dip<br/>Apple<br/>100 Calorie Oreo Pak<br/>Milk, 1%</p> | <p><b>HOT LUNCH</b></p> <p>Macaroni &amp; Cheese<br/>Green Beans<br/>Breadstick<br/>Grapes<br/>Milk, 1%</p> <p><b>GRAB-N-GO</b></p> <p>String Cheese &amp; Pretzels<br/>Fresh Veggies &amp; Dip<br/>Greek Yogurt<br/>Grapes<br/>Milk, 1%</p>  |
| 26  | 27  | 28   |   |   |
| <p><b>HOT LUNCH</b></p> <p>Spaghetti with Meatballs<br/>Corn<br/>Garden Salad with Lite Ranch Dressing<br/>Mandarin Oranges<br/>Milk, 1%</p> <p><b>GRAB-N-GO</b></p> <p>Hamburger on Bun<br/>Tiny Pretzel Twist<br/>Fruit Snacks<br/>Banana<br/>Milk, 1%</p>  | <p><b>HOT LUNCH</b></p> <p>Hamburger<br/>Tator Tots<br/>Green Beans<br/>Fresh Fruit/Seasonal Milk, 1%</p> <p><b>GRAB-N-GO</b></p> <p>Breaded Chicken Breast Sandwich<br/>Baked Chips<br/>Carrot Sticks with Dip<br/>Orange Wedges<br/>Milk, 1%</p>                        | <p><b>HOT LUNCH</b></p> <p>PAPA JOHNS PIZZA<br/>Cheese, Sausage or Pepperoni<br/>By The Slice<br/>\$1.95<br/>Milk, 1%</p> <p style="text-align: center;"><b>NO GRAB-N-GO</b></p>  |  |   |

