

ST. PETER SCHOOL

HEALTHY HABITS MENU

AUGUST-SEPTEMBER 2017

GRADES K-2 \$3.70, GRADES 3-5 \$3.95, GRADES 6-8 \$4.20

Milk Prices: to be determined -1% White, Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1/2 DAY NO FOOD SERVICE</p>	<p>1/2 DAY NO FOOD SERVICE</p>	<p>HOT LUNCH Bosco Breadstick with Marinara Sauce Fresh Tossed Salad with Lite Ranch Dressing Green Beans Applesauce Milk, 1% GRAB-N-GO Turkey on Whole Grain White Bread Baked Chips Baby Carrots with Ranch Banana Milk, 1%</p>	<p>HOT LUNCH Cheeseburger French Fries Mixed Vegetables Fresh Fruit/ Seasonal Milk, 1% GRAB-N-GO Ham & Cheese on Whole Grain Pretzels Fresh Veggies & Dip Fresh Fruit Salad Milk, 1%</p>
28	29	30	1	2
<p>HOT LUNCH Macaroni & Cheese Green Beans Whole Grain Dinner Roll Grapes Milk, 1% GRAB-N-GO Cheeseburger on Bun Sun Chips Veggie Sticks with Dip 100 Calorie Snack Milk, 1%</p>	<p>HOT LUNCH Grilled Chicken Sandwich Buttered Noodles Peas & Carrots Fresh Fruit/ Seasonal Milk, 1% GRAB-N-GO Bagel & Cream Cheese Carrot Sticks Greek Yogurt Fresh Apple Milk, 1%</p>	<p>HOT LUNCH PAPA JOHNS PIZZA Cheese, Sausage or Pepperoni By The Slice \$1.95 Milk, 1% NO GRAB-N-GO</p> 	<p>HOT LUNCH Baked Mostaccioli Garlic Breadstick Fresh Tossed Salad with Lite Ranch Dressing Grapes Milk, 1% GRAB-N-GO Chicken Snack Wrap Carrots with Dip Apple 100 Calorie Oreo Pak Milk, 1%</p>	<p>HOT LUNCH Grilled Cheese Tomato Soup Fresh Veggie Medley with Ranch Grapes Milk, 1% GRAB-N-GO String Cheese & Pretzels Fresh Veggies & Dip Greek Yogurt Grapes Milk, 1%</p>
4	5	6	7	8
<p>LABOR DAY NO SCHOOL</p> 	<p>HOT LUNCH Nachos with Beef & Cheese Shredded Lettuce & Tomatoes Fresh Fruit/Seasonal Milk, 1% GRAB-N-GO Ham & Cheese on Whole Grain Pretzels Fresh Veggies & Dip Fresh Fruit Salad Milk, 1%</p>	<p>HOT LUNCH Scrambled Eggs Bacon Hash Brown Biscuit Fresh Fruit/Seasonal Milk, 1% GRAB-N-GO Bagel & Cream Cheese Strawberries Greek Yogurt Hard Boiled Egg Milk, 1%</p>	<p>HOT LUNCH Chicken Alfredo Over Penne Pasta Steamed Broccoli Whole Grain Dinner Roll Grapes Milk, 1% GRAB-N-GO Turkey on Whole Grain White Bread Baked Chips Baby Carrots with Ranch Banana Milk, 1%</p>	<p>HOT LUNCH CHICK-FIL-A DAY Chick-Fil-A Slider Waffle Fries Green Beans Fresh Fruit Cup Milk, 1% NO GRAB-N-GO</p> 
11	12	13	14	15
<p>HOT LUNCH Toasted Beef Ravioli with Marinara Sauce Breadstick Garden Salad Fresh Fruit Salad Milk, 1% GRAB-N-GO Turkey Wrap Sun Chips Veggie Sticks with Dip Fresh Fruit Salad Milk, 1%</p>	<p>HOT LUNCH Macaroni & Cheese Green Beans Whole Grain Dinner Roll Grapes Milk, 1% GRAB-N-GO BLT Club Sandwich Tiny Pretzel Twist Mandarin Oranges 100 Calorie Snack Milk, 1%</p>	<p>HOT LUNCH PAPA JOHNS PIZZA Cheese, Sausage or Pepperoni By The Slice \$1.95 Milk, 1% NO GRAB-N-GO</p> 	<p>HOT LUNCH Cheeseburger French Fries Mixed Vegetables Fresh Fruit/ Seasonal Milk, 1% GRAB-N-GO Bagel & Cream Cheese Carrot Sticks Greek Yogurt Fresh Apple Milk, 1%</p>	<p>HOT LUNCH Sweet & Sour Chicken Vegetable Fried Rice Crab Rangoon Fresh Fruit/Seasonal Milk, 1% GRAB-N-GO String Cheese & Pretzels Fresh Veggies & Dip Greek Yogurt Grapes Milk, 1%</p>
18	19	20	21	22
<p>HOT LUNCH Bosco Breadstick with Marinara Sauce Fresh Tossed Salad with Lite Ranch Dressing Green Beans Applesauce Milk, 1% GRAB-N-GO Cheeseburger on Bun Sun Chips Veggie Sticks with Dip 100 Calorie Snack Milk, 1%</p>	<p>HOT LUNCH Beef & Cheese Soft Taco with Salsa and Sour Cream Shredded Lettuce Tomato Fiesta Corn Fruit Salad Milk, 1% GRAB-N-GO Turkey on Whole Grain White Bread Baked Chips Baby Carrots with Ranch Banana Milk, 1%</p>	<p>HOT LUNCH Egg, Bacon & Cheese on English Muffin Hash Brown Fresh Fruit/ Seasonal Milk, 1% GRAB-N-GO Bagel & Cream Cheese Strawberries Greek Yogurt Hard Boiled Egg Milk, 1%</p>	<p>HOT LUNCH Grilled Chicken Sandwich Buttered Noodles Peas & Carrots Fresh Fruit/ Seasonal Milk, 1% GRAB-N-GO Hamburger on Bun Tiny Pretzel Twist Fruit Snacks Banana Milk, 1%</p>	<p>HOT LUNCH Grilled Cheese Tomato Soup Fresh Veggie Medley with Ranch Grapes Milk, 1% GRAB-N-GO Ham & Cheese on Whole Grain Pretzels Fresh Veggies & Dip Fresh Fruit Salad Milk, 1%</p>
25	26	27	28	29
<p>HOT LUNCH Nachos with Beef & Cheese Shredded Lettuce & Tomatoes Fresh Fruit/Seasonal Milk, 1% GRAB-N-GO Chicken Snack Wrap Carrots with Dip Apple 100 Calorie Oreo Pak Milk, 1%</p>	<p>HOT LUNCH Orange Chicken Steamed White Rice Sugar Snap Peas Pineapple Chunks Milk, 1% GRAB-N-GO Bagel & Cream Cheese Carrot Sticks Greek Yogurt Fresh Apple Milk, 1%</p>	<p>HOT LUNCH PAPA JOHNS PIZZA Cheese, Sausage or Pepperoni By The Slice \$1.95 Milk, 1% NO GRAB-N-GO</p> 	<p>HOT LUNCH Macaroni & Cheese Green Beans Whole Grain Dinner Roll Grapes Milk, 1% GRAB-N-GO String Cheese & Pretzels Fresh Veggies & Dip Greek Yogurt Grapes Milk, 1%</p>	<p>NO SCHOOL</p> 

Food Service Consultants, Inc.

"Serving You With Pride"

