### ST. PETER SCHOOL
#### AUGUST - SEPTEMBER 2017

**HEALTHY HABITS MENU**

**Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**
--- | --- | --- | --- | ---
1/2 DAY | 1/2 DAY | 1/2 DAY | 24 | 25
NO FOOD SERVICE | NO FOOD SERVICE | NO FOOD SERVICE | HOT LUNCH | HOT LUNCH

**HOT LUNCH**
- Bosco Breaststick with Marinara Sauce
- Fresh Tossed Salad with Lite Ranch Dressing
- Green Beans
- Applesauce
- Milk, 1%
- **GRAB-N-GO**
  - Cheeseburger
  - French Fries
  - Mixed Vegetables
  - Fresh Fruit/ Seasonal
  - Milk, 1%

**GRAB-N-GO**
- Chicken Snack Wrap
- Bagels & Cream Cheese
- Carrot Sticks
- Greek Yogurt
- Milk, 1%

---

**Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**
--- | --- | --- | --- | ---
1/2 DAY | 1/2 DAY | 1/2 DAY | 26 | 27
NO FOOD SERVICE | NO FOOD SERVICE | NO FOOD SERVICE | HOT LUNCH | HOT LUNCH

**HOT LUNCH**
- Orange Chicken
- Steamed White Rice
- Pineapple Chunks
- Greek Yogurt
- Milk, 1%
- **GRAB-N-GO**
  - Cheeseburger with Marinara Sauce
  - Fresh Tossed Salad
  - Green Beans
  - Applesauce
  - Milk, 1%

**GRAB-N-GO**
- Chicken Snack Wrap
- Carrots with Dip
- Greek Yogurt
- Milk, 1%

---

**Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**
--- | --- | --- | --- | ---
28 | 29 | 30 | 1 | 2
**HOT LUNCH**
- Macaroni & Cheese
- Green Beans
- Whole Grain Dinner Roll
- Grilled Chicken Sandwich
- Buttered Noodles
- Peas & Carrots
- Fresh Fruit/ Seasonal
- Whole Grain Dinner Roll
- Grilled Macaroni & Cheese
- Cheeseburger
- French Fries
- Mixed Vegetables
- Fresh Fruit/ Seasonal
- Milk, 1%

**GRAB-N-GO**
- Cheeseburger on Bun
- Sun Chips
- Veggie Sticks with Dip
- 100 Calorie Snack
- Milk, 1%

---

**Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**
--- | --- | --- | --- | ---
31 | 32 | 33 | 34 | 35
**HOT LUNCH**
- Chicken Alfredo
- Over Penne Pasta
- Steamed Broccoli
- Whole Grain Dinner Roll
- Grilled Chicken Sandwich
- Buttered Noodles
- Cheeseburger
- French Fries
- Mixed Vegetables
- Fresh Fruit/ Seasonal
- Milk, 1%

**GRAB-N-GO**
- Cheeseburger on Bun
- Sun Chips
- Veggie Sticks with Dip
- 100 Calorie Snack
- Milk, 1%

---

**Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**
--- | --- | --- | --- | ---
36 | 37 | 38 | 39 | 40
**HOT LUNCH**
- Toasted Beef Ravioli
- with Marinara Sauce
- Garden Salad
- Fresh Fruit Salad
- Milk, 1%
- **GRAB-N-GO**
  - Ham & Cheese on Whole Grain Pretzels
  - Fresh Veggies & Dip
  - Fresh Fruit Salad
  - Milk, 1%

**HOT LUNCH**
- Macaroni & Cheese
- Green Beans
- Whole Grain Dinner Roll
- Grilled Macaroni & Cheese
- Cheeseburger
- French Fries
- Mixed Vegetables
- Fresh Fruit/ Seasonal
- Milk, 1%

**GRAB-N-GO**
- Cheeseburger on Bun
- Sun Chips
- Veggie Sticks with Dip
- 100 Calorie Snack
- Milk, 1%

---

**Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**
--- | --- | --- | --- | ---
41 | 42 | 43 | 44 | 45
**HOT LUNCH**
- Beef & Cheese Soft Taco
- with Salsa and Sour Cream
- Shredded Lettuce
- Tomato
- Fiesta Corn
- Fruit Salad
- Milk, 1%
- **GRAB-N-GO**
  - Turkey on Whole Grain White Bread Baked Chips
  - Baby Carrots with Ranch Banana
  - Milk, 1%

**HOT LUNCH**
- Egg, Bacon & Cheese
- on English Muffin
- Hash Brown
- Fresh Fruit/ Seasonal
- Milk, 1%
- **GRAB-N-GO**
  - Cheeseburger with Marinara Sauce
  - Fresh Tossed Salad
  - Green Beans
  - Applesauce
  - Milk, 1%

**GRAB-N-GO**
- Chicken Snack Wrap
- Carrots with Dip
- Greek Yogurt
- Milk, 1%

---

**Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**
--- | --- | --- | --- | ---
46 | 47 | 48 | 49 | 50
**HOT LUNCH**
- Grilled Cheese
- Tomato Soup
- Fresh Veggie Medley with Ranch
- Fresh Fries
- Greek Yogurt
- Milk, 1%

**GRAB-N-GO**
- String Cheese & Pretzels
- Fresh Veggies & Dip
- Greek Yogurt
- Milk, 1%

---

**Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**
--- | --- | --- | --- | ---
51 | 52 | 53 | 54 | 55
**HOT LUNCH**
- Sweet & Sour Chicken
- Vegetable Fried Rice
- Crab Rangoon
- Fresh Fruit/ Seasonal
- Milk, 1%

**NO SCHOOL**
- Lab Day
- No School

---

**Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**
--- | --- | --- | --- | ---
56 | 57 | 58 | 59 | 60
**HOT LUNCH**
- Macaroni & Cheese
- Green Beans
- Whole Grain Dinner Roll
- Grilled Macaroni & Cheese
- Cheeseburger
- French Fries
- Mixed Vegetables
- Fresh Fruit/ Seasonal
- Milk, 1%

**GRAB-N-GO**
- Cheeseburger on Bun
- Sun Chips
- Veggie Sticks with Dip
- 100 Calorie Snack
- Milk, 1%

---

**Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday**
--- | --- | --- | --- | ---
61 | 62 | 63 | 64 | 65
**HOT LUNCH**
- Grilled Chicken Sandwich
- Buttered Noodles
- Cheese, Sausage or Pepperoni
- By The Slice
- Milk, 1%

**GRAB-N-GO**
- Cheeseburger with Marinara Sauce
- Fresh Tossed Salad
- Green Beans
- Applesauce
- Milk, 1%

**NO SCHOOL**
- Back to School